



# FLORA NEWS



## HEAD'S BLOG

This week we looked at the third value - Adventure. This follows on from Choose your attitude and Respect. The fourth value is Trust. At Flora Gardens we want to build a community where **openness, honesty** and **compassion** are at the heart of all we do.

Trust is a vital value in any society.

Ernest Hemmingway said "The best way to find out if you can trust someone is to trust them".

Trust is valuable. It affects everything. Being trusted by others is one of the things you must have to go far in life and to achieve your greatest success. Trust isn't a quick thing you can gain. It is something *earned* over a period of time, after consistently being honest, always acting with integrity, never lying or misleading. It is how you act. It is *who* you are.

If you want to be a person other people trust, take a look at your actions, the decisions you make on a daily basis.

Here are 9 traits of trustworthy people. Do you have them? Can people trust you?

### 1. They are authentic.

People want to be around others that are *real*, meaning they are authentic and have high character. Authentic people are not trying to be above anyone else. They are likeable, humble and easy to talk to.

### 2. They are consistent.

Everyone has a bad day. But people want to see consistent, positive behaviour in the people they trust. Affirmative actions and smart decisions make a difference in the eyes of others.

### 3. They have integrity.

People want other people around them that stand up for what is right in life, even when no one is watching.

### 4. They are compassionate.

Trustworthy people put themselves in other people's shoes. They are always thinking of others, feeling for others—it's not all about them.

### 5. They are kind.

People build up trust when they look out for others, when they are there for them when they need someone most, not just when everything is going OK.

### 6. They are resourceful.

Trusted people are always learning and growing. They are constant students. They always know there is room to get better, and because of that, they know ways to help inspire and support others—and they give and share those resources.

### 7. They are connectors.

They look for ways to align like-minded people, and they connect people who have the knowledge or experience to help them get what they want.

### 8. They are humble.

Trustworthy people want to get others out there first, before themselves. They realise that the efforts of the team really make things happen, versus what they can individually accomplish.

### 9. They are available.

They are *there* for people, available to others to support them always. They go out of their way to make time for others.

Trust is not an abstract, theoretical, idealistic goal forever beyond our reach. Trust—or a lack of it—is inherent in every action that we take and affects everything that we do. Trust is the cement that binds relationships, keeping spouses together, business deals intact and political systems stable. Without trust, marriages fail, voters become apathetic and organisations flounder. Without trust, no person or company can ever hope for excellence.

The truth is, trust must be carefully constructed, vigorously nurtured and constantly reinforced. Although it takes a long time to develop, it can be destroyed by a single action. And once lost, it is exceptionally difficult to re-establish.

I trust you will all have a wonderful weekend!

**Ruby House Fundraising Day**  
**On Friday 2<sup>nd</sup> February, Ruby House**  
**have organised a fundraising day for**  
**their chosen charity – The British Heart**  
**Foundation. Pupils are invited to wear**  
**red clothing for a minimum donation of**  
**50p.**  
**Activities will be taking place throughout**  
**the day, including a whole school**  
**skipathon. To take part in these**  
**activities, pupils are asked to make a**  
**voluntary donation of their choice.**

**Mr Finney’s PE Blog**

Last week, our boys won 2 – 0 against Lena Gardens and our girls earned a very creditable 1 – 1 draw with Lena Gardens.

The goals scorers were:

- Adam, Y6F
- Jahzyhia, Y5
- Aisha B, Y6G

We have a brand new PE Twitter!  
 Follow for all the latests sports news,  
 including match reports, fixtures,  
 competitions and information on upcoming  
 matches and tournaments.

[@CFinneyPE](https://twitter.com/CFinneyPE)

**The PE superstar of the week is**  
**Ali in Y6F**



On Tuesday, our first ever morning running club took place. 12 pupils braved the cold conditions in Ravenscourt Park. It was hailed a success by Mr Finney & Miss Elven.

We know after the Christmas period many people upgrade their phones and have a new number, so this week your child will be bringing home a Data Collection sheet to ensure that the School holds up to date information. Please can you check the form, make any necessary changes and return it to the School office by Friday 26th January 2018. Thank you.

**Attendance**

This week: 15 <sup>th</sup> Jan – 19 <sup>th</sup> Jan 2018	
Class	Attendance
Reception	77.4%
Year 1	99.5%
Year 2	99.2%
Year 3	94.4%
Year 4	97.3%
Year 5	95.9%
Year 6F	95.7%
Year 6G	99.%
Totals	94.7%

We are monitoring attendance and the parents of those we are concerned about will be asked to attend a meeting with the Head.

Nursery	87.2%
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**Superstars!**

- Nursery – Sipara**
- Reception – Maher**
- Year 1 – Nuuh**
- Year 2 – Vassil**
- Year 3 – Iqra**
- Year 4 – Nicole**
- Year 5 – Shuayb**
- Year 6F – Irma**
- Year 6G – Hamna**

Superstars are based on our School values. Certificates are presented in Tuesday assemblies at 9.05am in the hall – parents are welcome to attend.