



Mr Finney's Mental Health Awareness Blog

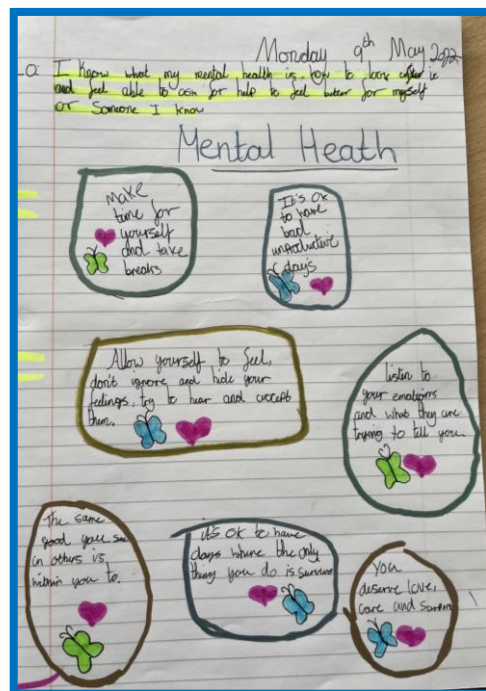
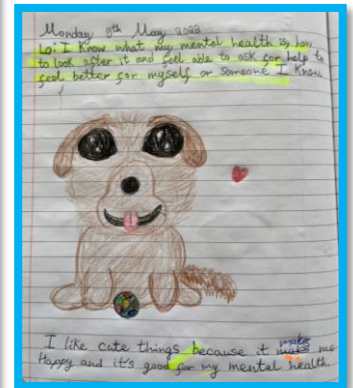
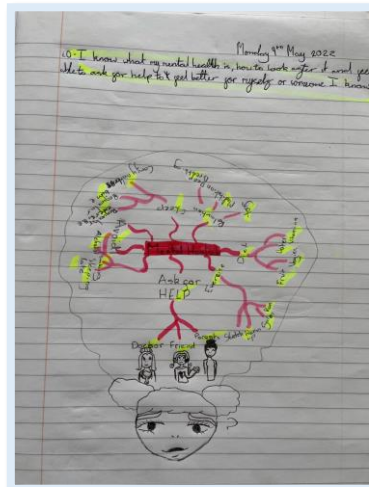
Mental Health Awareness Week is an annual event that takes place this year from **Monday 9th to Sunday 15th May**. The week is an opportunity to remind ourselves that mental health is a big part of our environment and that the wellbeing of students and staff at Flora Gardens is of paramount importance.

Each year the Mental Health Foundation sets a theme.

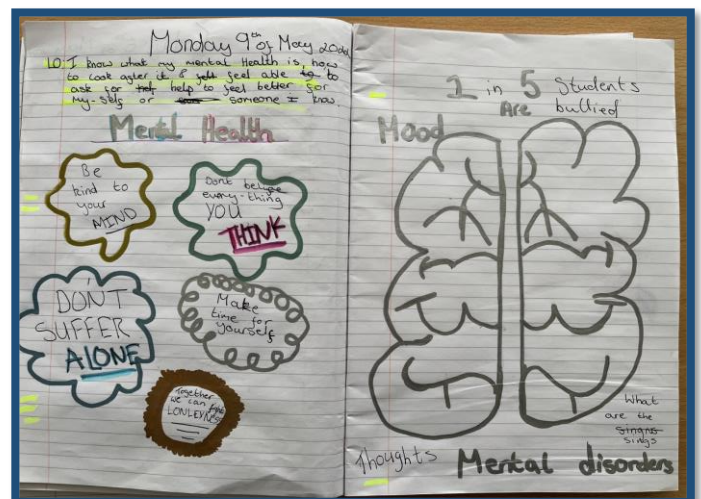
This year's theme is 'loneliness'. Loneliness is affecting more and more of the population and does have a huge impact, not only on our physical health but also our mental wellbeing, especially during the pandemic when we had to isolate and not socialise with others. As human beings we are naturally social creatures and our connection to others is fundamental in protecting our mental health.

This week we have been checking up on our friends and are continually trying to break the stigma around mental health, by communicating our feelings with our friends, families and teachers.

It's okay to talk.



Year 5 created artwork showing how they take care of their mental health.





Reception were shocked to find their home corner had been destroyed on Tuesday morning!

Thankfully, they had been learning about the police this week, so they were able to search for clues to solve the crime! They found a broken chair, porridge and a note so concluded it must have been Goldilocks!

Value Award Winners

Nursery - Charlotte

Reception - Almira

Year 1 - Kaydon

Year 2 - Averie

Year 3 - Zain

Year 4 - Ibtisam

Year 5 - Renae,

Pash'a, Kiyah, Lujain
& Emilia

Year 6 - All of Year 6

Sport - Kaila Y1

Class Attendance

Reception - 83.0%

Year 1 - 91.2%

Year 2 - 98.5%

Year 3 - 95.2%

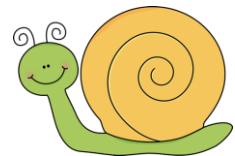
Year 4 - 92.4%

Year 5 - 99.2%

Year 6 - 95.7%



Well done Year 5



This week Nursery class learned all about creepy crawlies! They went outside to the playground to see how many snails and bugs they could find.

